

My learning journey: Healthy eating/Communities

Date: 26th of January - 09th of February 2015

Adult: Lize

Context: Small group, inside, adult-led experience

M, you showed an interest in our **local** community by shopping for healthy snacks with a set budget. You increasingly showed a good understanding of what types of food are good for our bodies. You recently explained: *"Rabbit likes carrots. I cut the carrot. I cut it with a knife."* You used a digital camera to take photographs of our local community. You were able to take a photo without your finger appearing in the image with some adult support. You noticed numbers and letters in the environment and excitedly pointed them out to your friend.



M, you ascribed meaning to your marks by creating a list of the items you have bought. You are beginning to form some recognisable letters and enjoy writing for a purpose.

You used a range of one-handed tools safely and effectively to prepare vegetable for the snack table. You peeled and cut carrots using the appropriate tools. Well done, M!

