**Physical Development**

**Physical Development at Rachel Keeling Nursery is about the following:**

* Supporting children to take measured risks.
* Developing children's understanding of the importance of physical exercise.
* Developing children's understanding about what constitutes a healthy life style.
* ****Developing children's fine motor skills through developing large gross motor actions as well as developing dexterity through using such media as play dough and corn flour.

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