



Diwali Salt Dough Diya Lamps

Make and decorate your own diya lamp to celebrate Diwali.



Ingredients

- 2 cups of flour
- 1 cup of salt
- 1 cup of water
- Food colouring (optional)

Equipment

- Large mixing bowl
- Paint
- Eco-glitter
- Sequins
- Small tea light candles



What to do

1. Mix together the flour and salt in a large mixing bowl.
2. If desired, add 5-10 drops of food colouring to 1 cup of water.
3. Stir the water into the flour mixture in the large bowl.
4. Knead the dough together - it should be soft and pliable.
5. Give each child a lump of salt dough – about the size of their palm should be enough.
6. Encourage them to mould it and roll it into a ball.
7. Show the children how to press into the centre of the ball with their thumb, to make a hollow. The hollow will need to be large enough to hold a small tea light candle.
8. The dough can be left to air-dry or dried in an oven set to a low temperature (120° C-150° C). The time the dough takes to dry will depend on the size and thickness of your creations.



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9. Once dry, the dough can be painted and decorated. Children could paint their diya lamps bright colours and when the paint is still wet, sprinkle on some glitter and sequins for extra sparkle.
10. When the decorations are dry, a small tea light candle can be placed inside. Remind children that only adults should light the candles. Battery operated tea lights could be used as an alternative.

